

Notes:



**Blessed Sacrament Catholic
Church**

**Religious Education Handbook
For Confirmation**



For information or questions contact:

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Thank you for allowing us to prepare your child for confirmation. This handbook will serve to provide you with several details about the upcoming celebration.

We have developed a program that includes two years of formation for Confirmation, these Confirmandi's have completed the first year and are now in their second year. It is our goal that these young people may receive a livelier familiarity with the Holy Spirit, a thorough experience of Catholic discipleship, participate actively in our Catholic worship each weekend and be open to sacramental catechesis.

Confirmation gives us the Gift of the Holy Spirit to love and serve others. We will ask that each Confirmation candidate serve without pay those most in need. We ask that they serve for a minimum of ten hours of service. Hopefully this will begin a lifetime of responsibility for our most neglected brothers and sisters. A service log will be provided for them to keep track of their hours of service.

Sponsor Information:

The role of the sponsor is to pray and intercede for the youth and be a role model by answering questions, introducing different aspects of the Catholic Faith, and sometimes participating in certain components of the preparation process.

- ❖ A sponsor must be a Catholic who actively practices the faith.
- ❖ A sponsor must be at least 16 years old and already confirmed.
- ❖ A sponsor may not be a parent of the candidate.
- ❖ A sponsor need not be the same gender as the candidate.

During this year of preparation, we will be asking you to assist your teen with the following:

1. Participating actively in liturgy each weekend. "We live what we pray."
2. Reading the Bible daily. We cannot follow someone we do not know.
3. Praying to the Holy Spirit and experiencing the Spirit's presence and guidance.
4. Finding a person who is a role model for Catholic living to be their Confirmation sponsor. They must be attending Mass and be active in their parish. They should have received Confirmation and live out this commitment in their daily life. This person needs to be at least 16 years old and not a parent. They should be active in your teen's spiritual journey.
5. Participating in the missionary outreach of our church. "Love one another as I have loved you."
6. Participation in our Sunday classes is very important for your child to be prepared for this sacrament. For this reason we ask that your child attend every preparation session and miss no more than 2 Sunday classes.

Important Dates to Remember:

- ❖ Please make sure that we have your child's Baptismal certificate, Service log and sponsor certification by March 4, 2020.
- ❖ Confirmation Preparation sessions will be on October 15th, November 19th, February 4th and March 4th @ 7:00 p.m. for both parents and students.
- ❖ Confirmation Retreat, Reconciliation, and Practice: Saturday March 14, 2020 from 9 a.m. to 2 p.m. the sponsor is being asked to attend from 12:00 p.m. to 2:00 p.m. to join us for lunch and practice.
- ❖ Confirmation: Sunday March 15, 2020 @ 10:30 a.m. mass.

Confirmation Attire Requirements for the Confirmation Candidate and Sponsor

Young Ladies

-  day-length dress or skirt/blouse combination or coordinated pants outfit
-  hose
-  dress shoes

“Absolute No-No’s for Young Ladies”

- sleeveless or spaghetti strap dresses or tops; these are not appropriate for wearing inside a church. If your dress does not have sleeves, add a sweater, jacket or shrug to your outfit.
- sneakers or flip-flops
- bare legs
- a dress or skirt that is too short. *(If you think it might be too short, then it is. Don’t wear it.)*

Young Gentlemen

-  dress pants
-  belt
-  socks
-  dress shoes
-  tie
-  dress shirt with a collar
-  jacket or suit is optional

“Absolute No-No’s for Young Gentlemen”

- golf shirts, tee-shirts, collarless shirts, or untucked shirts
- sneakers or flip-flops
- bare ankles or feet
- pants without a belt

To the Confirmation Candidate

Confirmation is the sacrament of responsibility, you are taking responsibility for **your** faith. Your regular and on-going participation will show your commitment to receiving this sacrament. The Confirmation Preparation Process is a unique opportunity to get in and explore the Catholic Faith, ask questions, and seek God. Each step in the process is an opportunity to get in and meet God in a different way. Please take this time seriously and commit to the process.

- ✓ Obtain a copy of your Baptism Record. If you were not baptized at Blessed Sacrament Church, you should write or call the Parish where you were Baptized. Give them your name, father’s name, mother’s name and her maiden name, and the approximate date on which you were baptized. They will mail you a copy of the record.
- ✓ Choose a sponsor for Confirmation. As Confirmation is the completion of Baptism, the Liturgy of Confirmation is patterned after the Baptismal Liturgy. Your sponsor will present you to the bishop or Celebrant when you step forward to be confirmed. You are encouraged to choose one of your Baptismal Godparents for this role. If that is not possible, choose someone whom you consider to be a role model for living the Catholic faith.
- ✓ Choose a name for Confirmation. It is most appropriate to use your Baptismal Name, if you were given a Saint’s name at birth. Otherwise, you may choose the name of a saint whom you admire. There are many books available which will give you information about the lives of saints. The internet is an excellent resource to use.
- ✓ Practice the Catholic Faith. This includes regular participation at Sunday Liturgy, daily prayers and making a sincere effort to grow in that faith through your participation in instruction for receiving the Sacrament of Confirmation.
- ✓ It is a requirement the you participate in the Sacrament of Reconciliation before celebrating your Confirmation.